

FINGERLESS MITTENS

by Liz Holness

Approx 35g (45g) 4 ply yarn or equivalent

Tension approx 28st and 40 rows = 10 cm

MT = 7 approx.

Size: ladies (mens)

Time taken to complete project – approx 1 hour.



E-wrap cast on over 50 (60) stitches. T7. RC000 Knit 36(40) rows. Mark both ends of row. Knit 18(20) rows and mark both ends of row. [RC54(60)] Knit a further 18(20) rows making a total of 72 (80) rows altogether. Knit 1 row at maximum tension. Latch tool cast off. Check that this will wrap round the widest point of your hand and is long enough to cover wrist and palm. If too big or too small, adjust the number of stitches and rows and re-knit as previously.

Thumb

Fold the knitting piece to the purl side, and with the cast off edge and second set of markers on the side nearest you, pick up the two marked stitches either end of RC36(40) and hang on two adjacent needles. T7. Knit 1 row. Pick up one stitch from the edge of the knitting at the opposite side to the carriage and knit one row until there are 20(22) stitches in working position and you have reached the 2nd pair of markers. Knit 7(9) straight rows. Knit 1 row at maximum tension. Latch tool cast off.

Make-up

Mattress stitch side seam above and below thumb.
Mattress stitch thumb seam.

Check fit and knit a 2nd mitt to match the first.

Variations

1. Knit the thumbs in a different colour.
2. Knit the first and last 6 rows in a contrasting colour as well as the thumb.
3. Include a cable or twist on the mitts (remember to offset so that it is on the back not the side of the mitts)
4. Swiss darn or embroider a small design on the mitts
5. Start and finish with either a picot or lace edging
6. To change them to fingerless gloves knit 4 or 6 extra rows before casting off. Catch the cast off edges together in 3 places allowing room for the fingers.